

Books

- Ikigai by Hector Garcia & Francesc Miralles
- Man's search for meaning by Viktor E. Frankl
- Miracle Morning by Hal Elrod
- Wabi Sabi by Beth Kempton
- Lagom by Linnea Dunne
- The Secret by Rhonda Byrne
- The 7 habits of highly effective people by Stephen Covey
- Think and grow rich by Napoleon Hill

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I would love to hear if you have any recommendations on other books. You can email me on coachsanjukta.mitra@gmail.com